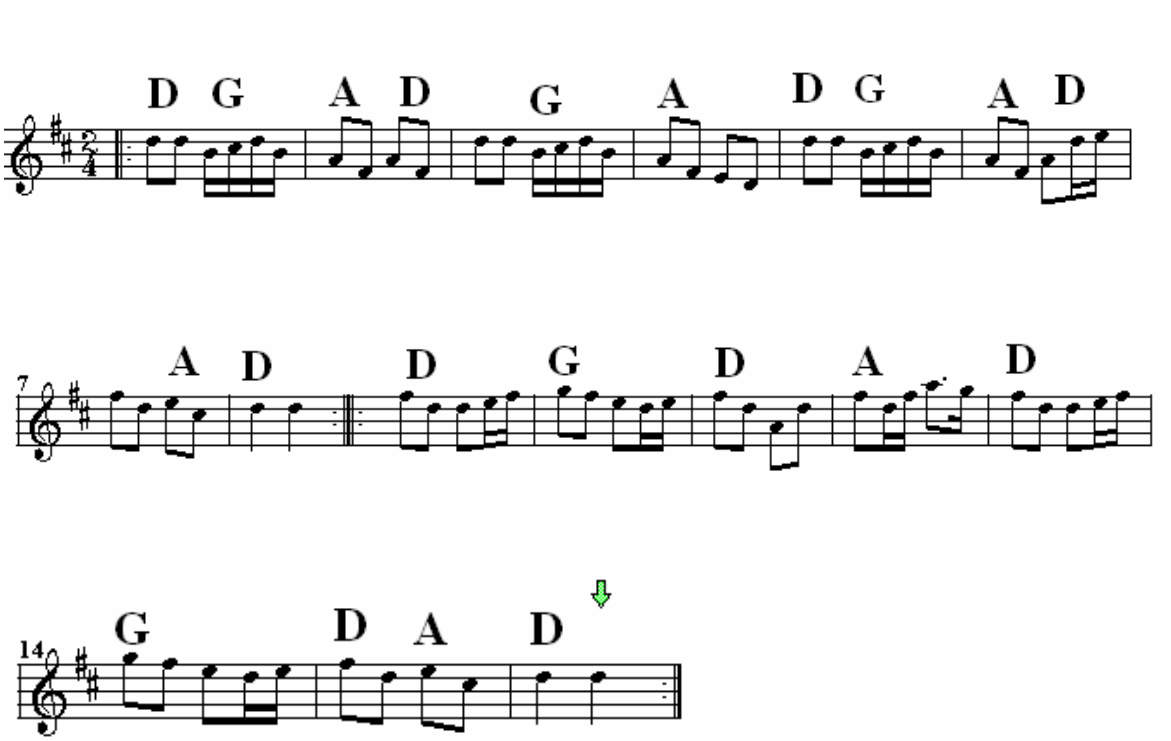John Ryans Polka